

# Mothers Who Reported Exercising 3 or More Days/Week the 12 Months Before Pregnancy<sup>1</sup>

## Illinois PRAMS 2012

	Percentage <sup>2</sup>	95% Confidence Interval	Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>
<b>Total</b>	47.3	44.0-50.6	516	71512
<b>Maternal Age</b>				
<20 yrs	44.0	31.3-57.6	32	4907
20 to 24 yrs	38.7	31.3-46.7	74	11168
25 to 29 yrs	41.9	35.6-48.4	123	16507
30 to 34 yrs	54.8	49.2-60.3	185	25155
>35 yrs	53.2	45.7-60.5	102	13776
<b>Race/Ethnicity</b>				
NH White	54.1	49.8-58.3	323	44150
NH Black	39.5	29.9-50.1	46	9026
Hispanic	43.3	37.1-49.7	119	15372
Other	23.9	15.7-34.5	26	2589
<b>Education</b>				
<12 yrs	42.4	34.4-50.9	71	10474
12 yrs	34.3	27.4-41.9	70	10404
>12 yrs	52.4	48.3-56.4	365	49340
<b>Birthweight</b>				
LBW	43.3	37.0-49.8	110	4584
NBW	47.6	44.1-51.1	406	66928
<b>Marital Status</b>				
Married	50.6	46.7-54.6	345	46619
Other	42.1	36.6-47.7	171	24893
<b>Medicaid Recipient*</b>				
Non-Medicaid	54.4	49.9-58.8	295	39684
Medicaid	40.7	36.1-45.5	221	31828

<sup>1</sup>**Survey Question 7:** At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? A. I was exercising 3 or more days of the week.

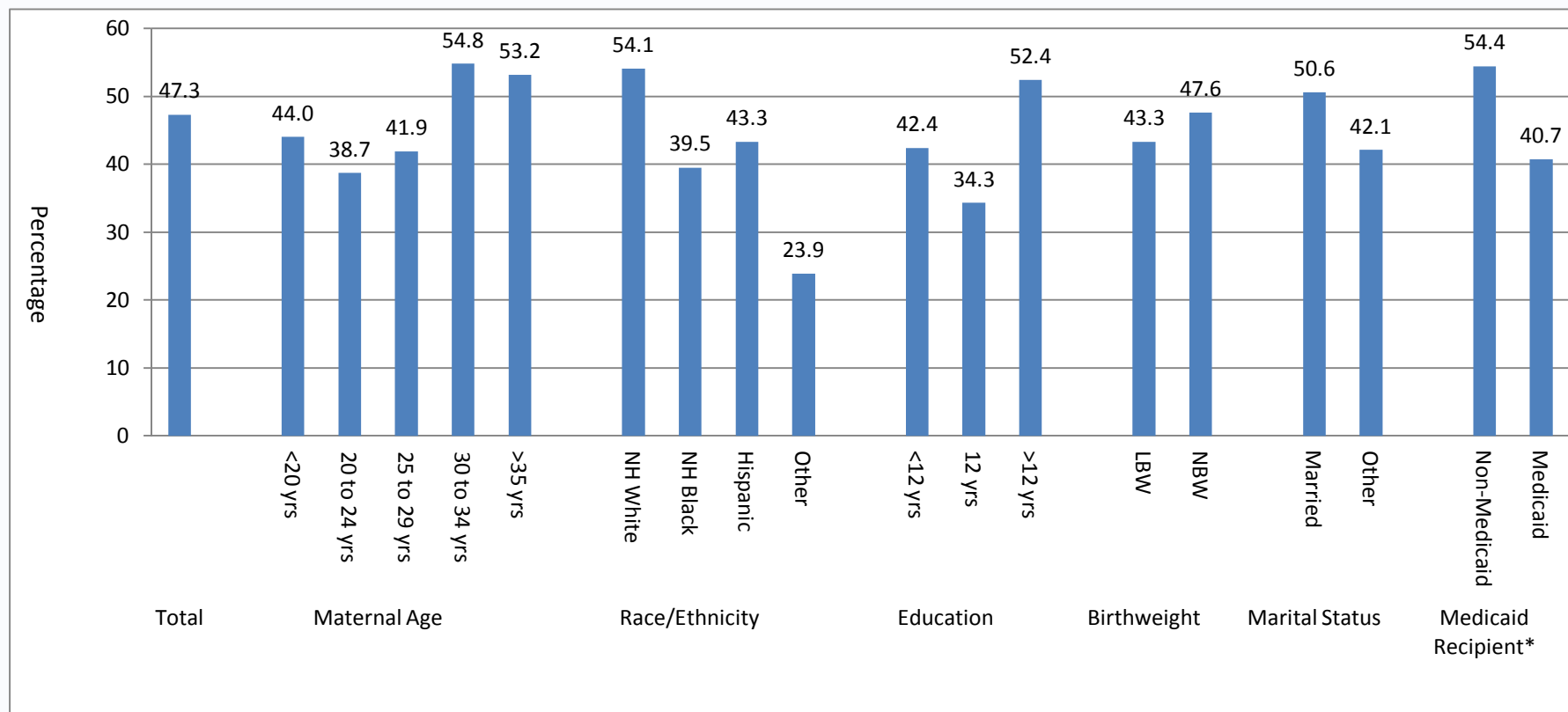
<sup>2</sup>**Percentage** = Weighted percentage of Illinois mothers giving birth in 2012 with the specified indicator for each characteristic.

<sup>3</sup>**Respondents (N)** = Total number of mothers who responded to this question with Yes; total N = 1075 (Yes or No); Total N value for each characteristic varies due to unanswered questions, survey skip patterns, and invalid responses.

<sup>4</sup>**Estimated population affected** = Estimated number of Illinois mothers giving birth in 2012 with the specified indicator for each characteristic

\*Delivery paid for by Medicaid

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